

# Scoliosis Chiropractor in Troy, Michigan

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If you are suffering from back pain, then one potential cause could be something called scoliosis. This condition leads to abnormal curvatures of the back. In some cases, this could even lead to complications involving the body's internal organs. If you are looking for treatment, then a scoliosis chiropractor could help you. Take a look at some of the helpful information that we have put together below.

**If you are looking for the best chiropractor for back pain in Troy Michigan, then look no further than Advanced Health Chiropractic.**

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## What Is Scoliosis?

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Scoliosis is an abnormal curvature of the spine from side to side. While some degree of bend in the spinal column from front to back is expected, lateral curvature is not. Some of the most common types of scoliosis include:

- Thoracic scoliosis
- Lumbar scoliosis
- Thoracolumbar scoliosis

It is important for everyone to be familiar with some of the causes of scoliosis.

## What Causes Scoliosis?

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In general, scoliosis is caused by genetics. As kids grow and reach adolescence, small degrees of lateral curvature in the spine can get worse, making scoliosis more pronounced. In some cases, people could get scoliosis following a traumatic accident as well; however, most cases of scoliosis are linked to spinal curvatures with which people are born.

## Conditions Linked to Scoliosis

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There is no definitive condition that has been proven to cause scoliosis; however, children with cerebral palsy and muscular dystrophy are more likely to develop scoliosis at some point during their lives. In addition, there are a number of complications that could arise from scoliosis. Lateral curvature of the spine could compress the body's abdominal organs, leading to constipation and diarrhea. In some cases, scoliosis in the chest could compress the lungs, leading to respiratory complications.

## Who Gets Scoliosis?

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While anyone could suffer from scoliosis, most cases of scoliosis are identified in children. Kids are sometimes diagnosed with scoliosis at a young age and then, as they grow, this curvature gets worse during their teenage years. This can cause scoliosis to get worse, possibly causing patients to consider surgery.

## The Symptoms and Diagnosis of Scoliosis

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Similar to other medical conditions, the symptoms of scoliosis are going to vary depending on the severity of the curvature of the spine. Some of the most common symptoms of scoliosis include:

- Differing heights of the shoulders
- Back pain
- Stiffness in the hips
- Leg pain

Scoliosis is mostly a clinical diagnosis. When kids bend over, the difference in the heights of their shoulders could become more apparent, leading to the diagnosis of scoliosis; however, in some cases, an x-ray could be ordered to confirm the diagnosis.

## Rely on the Best Chiropractor for Back Pain in Troy Michigan

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If you are looking for the best chiropractor for back pain in Troy Michigan, then look no further than [Advanced Health Chiropractic](#). Led by [Dr. Lisa Bell & Dr. Jamie Bell](#), you will have access to a chiropractor who can help you with a wide variety of musculoskeletal concerns, including scoliosis. Whether you are looking to avoid surgery for scoliosis or you are looking for a chiropractor after scoliosis surgery, [we can help you](#) come up with a comprehensive treatment plan that will address all facets of your medical care. [Call us today](#) to make an appointment!

